



Welcome to myTEAM TRIUMPH!

We are so happy you have joined us as a myTEAM TRIUMPH Angel! You are using your time and talent to give someone else the chance to experience the accomplishment, excitement and fun of endurance events, as they could not do on their own.

THE BASICS

What is myTEAM TRIUMPH? mTT is a secular program built on Christian values. We match endurance athletes with children and adults with special needs to participate in 5K, 10K, half and full marathon, triathlon and other events. The “Captain” is pushed or pulled in special race chairs by 2-3 “Angels” to the finish line.

mTT is a secular program built on Christian values.

CAPTAINS

Captains are children and adults with special needs who could not participate in endurance events without the help of our dedicated athletes. The special needs could be developmental disabilities, physical challenges, vision issues, or anything else that limits their ability to participate independently. Some captains are able to walk all or part of the course. Others will be in the race chair the whole event. Each experience is individualized for the captain based on their specific needs. The key is to create a fun, memorable

experience for the captain, with the captain as focus of the team.

Some captains are able to walk all or part of the course

While captains may wear a race bib, it will not include a timing chip. Captains are not included in the timing results, as their time may “bump” another athlete who competes on his/her own power.

Registration for Captains is paid for by myTEAM TRIUMPH.



ANGELS

Angels are endurance athletes who give up their opportunity for another award or personal record to share this experience with others who could not participate on their own. Angels are not timed during the event. They may wear special “Angel” bibs so that event timers know not to include them in the timing process. Two-three angels are assigned to each captain and they create a TEAM that starts together, runs/walks together and finishes together.

TEAMS start together, run/walk together and finish together



We do our best to put Angels together with others who run a similar pace. We want all participants to have fun and feel like part of the team – which is difficult if teams don’t stay together. Please let the person who enjoys the course the longest (ie slowest pace) set the pace for the event. No one is being timed, so have fun!

Angels register themselves for the event and most fees are covered by sponsorships.

Angels register themselves for the event. In many cases, we have a registration code to use for a discounted fee, so please don’t register until you’ve communicated with mTT. If you register for the event before you know you’ll be participating as an angel, no worries! We send the race organizers the final list of captains and angels prior to the timing being set up, so you will be pulled from the timing group.

EQUIPMENT

MyTEAM TRIUMPH utilizes specialized race chairs and trailers. The red Endeavor 3 chairs can carry a captain up to 200 pounds. The Wike race chairs carry up to 125 pounds. The Conversion chairs “convert” from running chairs to bike chairs. New Angels are asked to meet with an mTT organizer or experienced Angel to learn the basics of the chair. Please do not try to adjust or collapse the chairs without instruction.

The equipment is purchased with funds raised from donations, special events, and community donation programs.

The Resolution Challenge, held on January 1 at Arena Park, is the program’s primary fundraiser



SAFETY and SPECIAL CONCERNS

Some of our captains have special physical or behavioral concerns. Please ask someone from the mTT Leadership Team if you have questions about the captain's needs. If there is a significant special concern that you need to be aware of, leadership will do its best to help you understand how to handle special situations prior to the event.

The online health forms that Captains or their families complete, as well as the ones completed by the Angels on your team, are in the possession of the leadership team. This contains any emergency information that may be needed for EMS, should the need arise.

WHERE DOES THE MONEY COME FROM?

As you can imagine, the equipment and registration fees are quite expensive. The chairs cost from \$1500-\$5000, and registration fees range from \$25 - \$125 per person or team. Incidental fees are also very significant, such as captain shirts, signage, air pumps, cushions, awards, and

much more. mTT is a 501c3 organization, non-profit, tax exempt.

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mTT has two large fundraisers each year – the Resolution Challenge 5K, 10K and 1 mile on January 1 at Arena Park and the Gobble Wobble on Thanksgiving Day. There have been many significant donations from local businesses as well, which has allowed us to purchase our race chairs/trailers. The number of people we can serve is limited only by the number of chairs we have, so additional fundraisers are the key! If you have ideas of a fundraiser that could assist mTT, please let us know!

When Angels first apply, you will receive an Angel shirt. Additional shirts can be purchased for \$20 as well. You will also be asked to complete a background check at the expense of mTT.



YOUR MYTEAM TRIUMPH LEADERSHIP TEAM

The Leadership Team of myTEAM TRIUMPH is a group of dedicated volunteers that has a passion for health, fitness and service.

The Board includes:

President: Debbie Leoni

Treasurer: Crissi Matthews

Derrick Dean

Margie Nation

Becki Nation

Holly Chapman

Ute Smith

Brian Matysik

While this is the leadership team, MANY people make myTEAM TRIUMPH happen. There are many needs for service, including help with web services, angel and captain coordinators, event coordinators, equipment repair and maintenance and many more. Please let us know if you have time or talents that could be put to great use serving others!

Contact information:

You can reach mTT via email at info@myteamttriumph-mo.org, or call 920-664-0411. Our mailing address is:

MyTEAM TRIUMPH
PO Box 121
Jackson, MO 63755

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